

My No: IAD/ADM/GA02/Sports-Youth Affairs  
Ministry of Public Services,  
Provincial Councils and Local Government  
Independence Square  
Colombo 07.

30.06.2021

Secretaries to Ministries  
Chief Secretaries of Provinces  
Heads of Departments  
Heads of State Corporations and Statutory Boards

### **Declaring National Sports Day**

As per the decision of the Cabinet of Ministers dated 30.03.2021, it has been decided to declare 31st July 2021, on which Mr. Duncan White won the Silver Medal at the Olympics, as the **National Sports Day of Sri Lanka** in every year with effect from year 2021. The objective of declaring a National Sports Day is to create an efficient and productive human resource.

02. Even though 31st July 2021 has been declared as the National Sports Day, the 31st of July of this year falls on a Saturday and therefore, it has been informed by the Secretary of the Ministry of Sports that it is appropriate to conduct relevant sports promotion and physical fitness programmes on Friday, the **30th July** considering the day as the National Sports Day.

03. Following the actions took in accordance with Public Administration Circular 06/2020, with a view of providing an efficient and effective public service by creating a healthy generation of public employees, arrangements should be made in this year as well to implement the following programs **from 8.30 am on July 30, 2021** at all public institutions. **Appropriate programs should be implemented in accordance with the health guidelines issued by the Ministry of Health in the face of the spread of the Covid 19 virus currently experienced by the country.**

- i. Hoisting the National Flag by the Head of the Institution or the Office in front of the staff members.
- ii. Singing of National Anthem after hoisting the national flag.
- iii. Conducting a short lecture for the officers in the institution on the importance of exercise, local food and nutrition in order to provide effective service through a healthy life.
- iv. Conducting a simple exercise program (15 minutes) in which the officers of the institution can participate in office attire.

04. You are kindly requested to take the lead in implementing the above programs to achieve the goal of creating an efficient and productive human resource by creating a healthy generation.

05. This circular is issued on the request of the Secretary to the Ministry of Sports and further information in this regard can be obtained from the Ministry of Sports.

Sgd/ J.J. Rathnasiri  
Secretary  
Ministry of Public Services,  
Provincial Councils and Local Government

Copies :-

01. Secretary to the President, President's Secretariat - For Information

02. Secretary, Ministry of Youth and Sports - For information and Necessary Action